

Speaker's Profile



NAY LIN

Designation- Executive Director

Nay Lin, a Executive Director of Myanmar MSM and TGW Network (Kumudra Social Life Support Association) and long-term advocate for the MSM and TGW community. Also currently board member of Phoenix Association, a PLHIV local organization, as one of the Senior Managers for more than 10 years.

Another one is Advisor of Sex Worker network in Myanmar (SWiM). He have been contributing his experiences and knowledge to community as a Consultant, facilitator, Trainer.

Speaking Topic – One Stop PrEP Services at Community PrEP Distribution Point (CPDP)



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One-stop PrEP Services at Community PrEP distribution Points (CPDP)

Presented by U Nay Lin (Executive Director, MMTN)

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Burden of HIV infection among MSM and TGW

MSM and TGW are one of the KPs of HIV infection

Because of their sexual behavior, lack of knowledge, negligence and hidden nature.

Prevalence of HIV among MSM and TGW is 7.1% according to HSS data in 2018 (Ref: NSP 2021-2025)

The highest percentage was seen in Yangon and Mandalay

PrEP one-stop service

MMTN recruited the following staffs

4 Peer Educators

1 Nurse Counselor

1 PrEP Navigator

Training

- SOGIESC Training
- trained different outreach and HIV testing modalities, including enhanced peer outreach approach, social network strategies, online outreach strategies integrated with ORA, index testing and partner notification, motivational interview, and counseling etc.

PrEP one-stop service

Coverage areas

- | | |
|--|---|
| <ul style="list-style-type: none">• HtanTaBin• Kyimyindaing (West bank)• SeikKyi KhaNaungTo• South Okkalapa | <ul style="list-style-type: none">• ThanLyin• SanChaung• YanKin |
|--|---|

Target Population – MSM and TGW

MMTN established two Community PrEP Distribution Points (CPDPs) in collaboration with Lan Pya Kyal and Medical Action Myanmar

Activities

- Peer educators provide
- PrEP Screening
- Adherence and follow up for PrEP

Activities

Peer educators provide

- Physical outreach activities
- Using enhanced peer outreach approach
- Social network strategy
- Also use online and social media channels

Activities

PrEP Screening

- Nurse counselor
- PrEP navigator of MMTN
- MAM and LPK PrEP team for PrEP

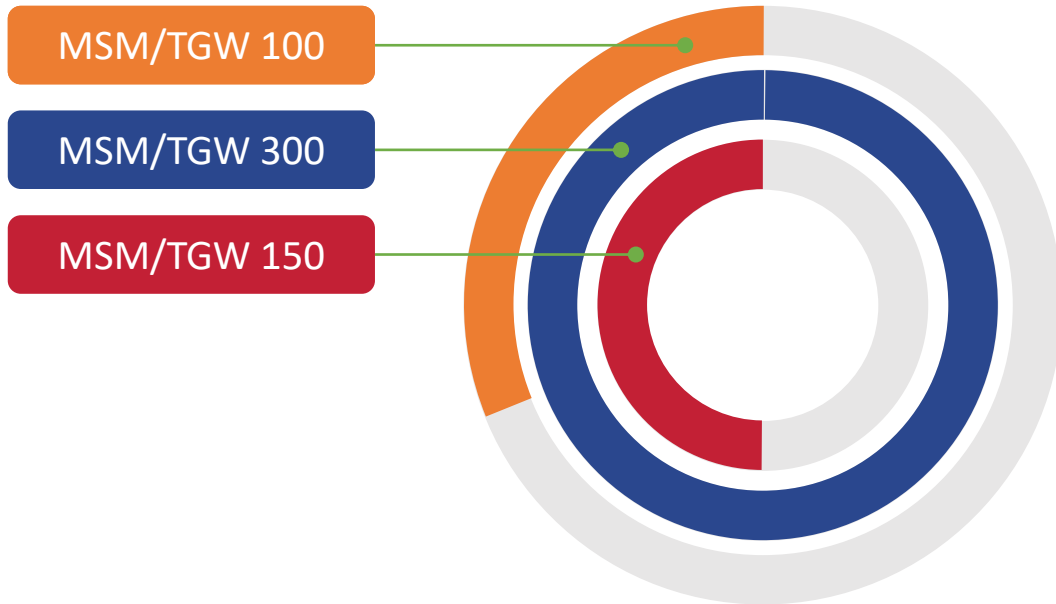


Activities

Adherence and follow up for PrEP

- Navigator and Counselor, MAM and LPK PrEP team for PrEP.
- Physical or online and telecommunication follow-up visits.
- Track the clients regularly.
- Arrange PrEP clients to have regular follow up visits with the MAM and LPK PrEP team.

Achievements



PrEP initiated 21-22

Fy 21-22 PrEP initiated for 100 MSM and TGW

PrEP initiated 22-23

Fy 22-23 PrEP initiated for 300 MSM and TGW

STI Treatment 22-23

Fy 22-23 STI Treatment for 150 MSM and TGW

Monitoring, Supervision, and quality control

Monthly field visit to Peer Educator for their activities.

Monthly Clients Follow up for

Regular Drug Taking

Any difficulties or barrier

Convenience at service center

Challenges

- Due to the political situation, there are still many difficulties in educating the target groups as a group.
- Most of the KPSC centers accept only a limited number of clients within a limited time frame, resulting in difficulty in client referral.
- Due to not enough service providers in some service centers, the clients have taken much more time to move from one place to another.

Challenges

- The distance between the client's chosen service center and his/her place of residence, and allowing service centers to provide services only in designated areas, interferes with the choice of clients.
- Some people want to have a blood test, but due to their work conditions, it is difficult for them to come for the test.
- Time constraints of KPSCs make it difficult for working target groups to access the service as per their preference.

Way Forward

- If KPSCs are truly client-centered, they should provide services according to the client's needs.
- More KPSC Centers should be expanded to increase client referrals.
- Clients in need of long-term care should be provided with the necessary support. For example, connecting with client support organizations
- PrEP gathering meetings should be conducted frequently to share clients' experiences and also to create a space to connect and psychosocial support.
- Now that more and more people are taking PrEP, HIV infection may decrease, but unprotected sex may increase the risk of STI infection. Therefore, condom and lubricant promotion to target groups should be done more than before.

HIV Self testing

Peer assisted and unassisted HIV-ST distribution and testing was also done

Peer educators are trained for using the Sate Cha application to produce QR code for distribution of HIV-ST and usage of self test kits.

Achievements

- HIV self-testing was done in 270 MSM and TGW
- Testing can done in hidden MSM populations
- Suitable for people living far away from testing service centers
- No need to give separate time for testing, so time constraint is already removed

Barriers

- Internet connection
- lack of skill for using application among KPs
- political commitment
- less accurate reported data (contact information of clients)
- Hard to get the self-testing results

Barriers

- Advocacy for more political commitment
- Multicenter distribution
- More effective counselling methods before distribution of self test kits



Project Evaluation Meeting



Peer Gathering for Sharing PrEP Relative Information



Awareness raising for HIV and STI Prevention



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Thank You